

## INTERNATIONAL MINISTERS CONFERENCE IN HONDURAS

MARCH 7-9

WE ARE INVITING ALL IMI MINISTERS TO COME TO HONDURAS TO TEACH AND EQUIP MINISTERS FROM CENTRAL AMERICA AND THE UNITED STATES. STAY IN OUR BEAUTIFUL HOTEL IN HISTORIC COMAYAGUA. ENJOY PARADISE DURING THE SNOWIEST MONTH OF THE YEAR. CALL TOM AT (612)202-6064 TO PLAN YOUR RESERVATIONS.



March 2016

Impact Ministries International

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## WISDOM FROM THE *Word*

KING UZZIAH – PART THIRTEEN

*“As long as he sought the Lord, God made him prosper...”*  
2 Chronicles 26:5

### — Keys to Prosperity —

- **Make sure your motives are pure.** The last thing you want is to let a blessing become a curse. Be careful of hoarding, being cheap, selfish, tight-fisted, materialistic, greedy, envious and jealous.
- **Write your vision and make it plain.** Envision what you want to accomplish, why you want to do it, and what you are going to do with your prosperity.
- **Work, work, work.** The diligent hand will prosper. The lazy man will go hungry. Just ask Solomon.
- **Transition from working for money to having your money work for you.** Jesus commended the man who put his money to work and rebuked the man who buried it.
- **Don't waste resources on temporal pleasure.** Warren Buffet said there are two key things to financial success: One, don't buy anything you can't make money on, and two, don't forget rule number one. Solomon said if you are given to eating rich food, then put a knife to your throat.
- **Prayer – God can do more in a micro-second than you can do in your whole life.** What do you need? Finances, connections, wisdom, good workers, deliverance from troubles? Remember, we have not, because we ask not. Ask God and see what He can do for you.
- **Get a biblical mindset.** False religion wants us poor so we can't help others, and it gives us a spiritual pride that blocks the blessings of God. God is love and He loves to bless his children to be a blessing to others. Jesus said, *“It is more blessed to give than to receive.”* This is the only verse in red after Acts 1:8, other than Revelation, that specifically quotes the words of Jesus.
- **Learn from others.** Humble yourself and ask questions. Let people mentor you and speak into your life. Listen carefully and watch intently to see how others succeed.
- **Put off pleasures and learn to invest in eternal and long-term things.** Don't throw your money away on wine, women and song. Learn to enjoy things that cost little, or better yet, let blessing God and giving give you joy. I enjoy my work, so I never have to work.
- **Those who learn more, earn more.** Increase your value to your boss or customer.
- **Have faith.** If you can believe it, then God can achieve it.

## April 15-16 **IMI 4th ANNUAL MEN'S RETREAT** IMI Cabin 14975 Nature Rd. • West Union, IA • Tom Stamman (612)202-6064

Exciting and life-changing retreat for all guys of all ages! There will be prophetic prayer, preaching and personal ministry. We will have a variety of speakers. Also we will have a manly man competition. Bring your gun, bow, athletic equipment and fishing pole. We will also compete in music, Bible and a variety of things. Bring a friend and have a blast!

## April 15-16 **“Detox 2016” HOLISTIC RETREAT FOR WOMEN** Sponsored by Elaine Averill-Davis (608)712-6217 • Location TBA

Body, soul, spirit. Guest speakers will be Elaine Averill-Davis, Dr. Teresa Stamman and Dr. Pam Rosch. There will be a \$75.00 per day fee which will include lunch. Dress comfortably, bring your exercise mats and Bibles.

*“I'm convinced out of scripture that poverty is a curse. If it's not a curse, why do you work so hard to get rid of it? If poverty is a blessing, why not pursue it?” – Derek Prince*

## Scrapbook Page by Susan and Scott McCumber

Some of the kids at the orphanage just seem to have a little more energy than others. That would definitely be the case with Jony. He definitely requires some extra attention. Jony will be nine years old in March. He loves to play, and play hard. Whenever we open the game room, you can be sure to find Jony there, playing with the toy trains or army men. He also loves to swim and has perfect form doing backflips from the side of the pool. We love Jony! Please pray for him as school is starting again and he sometimes has problems with his classes. It is hard for him to sit still and listen, but we know he has great potential in God's hands. He will probably be a leader someday because he is fearless! Praise God for people like Jony!



**HONDURAS MISSION TRIPS**

Join us at the City of Refuge

Coordinator - **Cindy Schupbach**  
[cindys1948@yahoo.com](mailto:cindys1948@yahoo.com)  
Call or text (740)485-1010

We will custom design a mission trip for your church or group  
Call Tom at (612)202-6064

These are Tom's days. Feel free to come before or stay longer.  
March 7-9 • March 25-27 • April 18-20 • May 7-9 • June 13-15 • July 4-7

**Report from Teresa** Good news – the school year starts again! Our kids are very excited to go shopping for shoes and uniforms. We are buying school supplies and books for the children and teachers. We bought

ten more computers for the school. This year is exciting because our youngest children are going to school for the first time. We won't be able to call them babies anymore! The babies dorm is almost done! In the next two weeks, they will be moving into their new home. We are painting an awesome mural of Jesus with our children (Matthew 19:14) on their living room wall. It is going to look beautiful. Glory to God!

Luther, the farmer, reported that we had four baby goats born this week, we vaccinated the baby chickens, and the chickens and tilapia are doing great. We butchered one of the pigs. The kids were very excited to have pork chops for lunch. Some of the cows were sick, so Luther gave them medicine. Now they are doing great. We have started cleaning the farm. Last week, Luther and his men killed weeds in the guava and chayote crops and around the other fruit trees on the guava farm. They also killed weeds in the bean fields and planted corn. The weather in Honduras is very cool, and the greenhouse is producing vegetables now.

**Medical brigades** Thank you, Jesus, for provision! We tested all our workers and children in the orphanage for TB. All the tests were negative. We would like to say thank you to Doctor Murdy for making that possible. Our part-time hired doctor continues to see fifty or more patients per week. Also, we have done several medical brigades on the mountains since July and have seen a total of at least a thousand people. The people we helped were children and single moms who are the poorest of the poor.

**Honduras missionaries in January** We welcomed nine people from the Elkhorn and Eau Claire, Wisconsin area with Pastor Kurt Verhoeven, who is an IMI board member. This is his sixth trip, and he comes every two months. They played with the children and built shelves. We were also blessed to have Carolyn and Stephanie Wright from Ft. Dodge, Iowa. This was their first mission trip. They were there for two weeks and really blessed us. They organized the donation room, painted the school and played soccer. They accomplished so much. The school looks great. We were also blessed to have Pastor Don, Lori, and the head of missions for their church come from Pennsylvania. They are the first people to come from that state. Pastor Don preached revival meetings and for three nights, they blessed two churches. They plan on coming back with a lot of their church members. Because of the snowstorm in Baltimore, they stayed in extra four days. Here is what Pastor Don said, "We had an absolutely wonderful time. Looks like Eric and Tanya will be bringing a team back in early July. If we had to get stranded, I'm glad it was here. Teresa has been an amazing host."

**Mission trip testimonies** *Trenton Rudlong, age 16* – At first, I didn't think it was going to be fun coming to Honduras, but it turned out to be pretty fun. The boys are all pretty cool and hyper, fun to play and mess around with, and I tried to learn Spanish from them. I've learned more Spanish from the kids in four days than going to Spanish classes in America. The trip was fun, and I want to come back.

*Luke Rudlong, minister and business owner* – Crystal and I have supported Tom's ministry over the years and have seen, through the newsletter and by attending his meetings, the vision he has had for the orphanage in Honduras and other places. I have always seen the compassion he has had for the less fortunate and have admired that about him. We finally made it a priority to come and see for ourselves the progress at the orphanage and the changed lives of the children. It has been an absolutely amazing experience, and I am also able to now see and understand even more the vision that the Lord has given Tom. Now I am in a place where I believe the Lord will continue to unravel what more we as a family can do to support what Tom is doing. We will definitely come back and support him more financially.

**We bought a brand new Toyota fifteen-passenger van** Everyone loves our brand new van. We were blessed to have a business couple in Honduras co-sign the loan for \$14,000. We just made a double payment of \$2,000, so we now we owe \$12,000. We are hoping to have it paid off this month. Thank you, Jesus.



**Special thanks to Dr. Tim Peterson and Christian Family Church** As the children are coming back from summer vacation (winter here), they look outstanding in their new clothes. Thank you, Dr. Tim Peterson and your family.

**Honduras/Iowa miracle** On January 8th, I was driving on US-20 from Sioux City, Iowa to Minneapolis. I redirected my driving plans because of the ice and snow storms that hit Minnesota and Iowa. At about 10:30, I hit pure ice and blowing wind. Cars were in the ditch, and the police temporarily shut down the highway. Thirty minutes later I called my wife, and she was shocked. Thirty minutes earlier, at the exact moment of my encounter, the children in the orphanage felt led to stop playing and pray for Pappi Tomas. At the exact time they heard the voice of God to pray for me, they were in the midst of a Bible camp and were seeking God. Their prayers probably saved my life. Glory to God!

This is the second month in which we have seen marked improvement in our children in how hard they are working. They are so much more appreciative. And they are getting on-fire for God. Thank the Lord for Mama Teresa's wisdom.

**Top child workers** The top four young boy workers from our Honduras orphanage were Edgar, age 16, learning how to plaster; Edward, age 16, construction and furniture building and mature leadership; Antonio, age 14, farming and art; and Jonathon, age 13, farming. I bought a skateboard for them to share. The top four girls were Dunia, 17; Lenore, 11; Marelyn, 14; and Nicole, age 10.

**Babies orphanage** The inside remodeling is finished and all that remains is hanging a few sinks and repainting the walls. The outside is done with the exception of putting up outside porch walls to keep the children in. It's amazing what our contractor has done. We look forward to the kids being back in their remodeled home.

**School offices almost finished** As our school grows, we have had a huge need to add offices. Praise God, two offices are almost finished! All we have left to do is put on the doors.

**To sponsor a poor child to go to school, it's \$20 per month or \$200 a year** 100% of the monies goes to the school and ZERO goes to Tom and Teresa. Sponsors will get updates and emails from the children. If you believe in education, then this is a great opportunity for you to help a child and change the world through bilingual Christian education.

**Education** We visited a large 300-student Christian school about an hour from our place. We were inspired to do more for God and to think bigger. Right now, we are working on the design of our new school and college and hope to break ground in May. It will be a three-story building with four new grades, chemistry and shop classes, a Bible college, and an agricultural and business school.

**Sponsor a child to go to college** Currently, Adriana, our eldest daughter in the orphanage (whose mother and sisters are prostitutes), is in her third year of medical school. IMI is looking for seven sponsors for \$100 a month or two sponsors for \$350 a month or one sponsor for \$700 a month. Life is getting more expensive there and schooling even more. Please pray about helping Adriana become a doctor. Mark **Adriana** on your check to help with her education.



Babies house



Baby boys dorm



Orphanage walls

## HONDURAS HIGHLIGHTS



Girls laundry room



Laundry room roof



Basketball court extension



Farm fencing at end of property



Goat fencing



Chicken farming



Pig barn construction

**Music** We were blessed to have a sister donate a saxophone, and Rev. Gail Fleming donated a flute.

In January, I brought our third violin to Honduras. We are still praying for a music teacher who understands many instruments.

**Our next remodeling projects** We are currently getting bids on adding bathrooms and remodeling the boys orphanage. Then, we will be redoing the sidewalks. The final remodeling project will be going from building to building and fixing and painting all of the bad spots.

**Laundry room #1** is almost finished. All we need to do is extend the roof and it will be done.

**Laundry room #2** My wife has decided to build another laundry room next to the girls orphanage so the boys and girls can each have their own laundry facilities. The flooring is currently being poured as we speak. We sent \$6,500 to build it.

**Repairs** The roof in the hotel has been fixed, our water pump is working great, and they are still working on the sewage system for one of the hotels.

### **Divine appointments in Honduras**

We met an organic farmer who has a school, and we visited a beautiful orphanage with an incredible school. Plus, we are meeting with a team of people who know how to help us with sewage systems.

### **Mechanic shop plans are finished**

One of our contractors will be building the mechanic shop. Expected groundbreaking, according to the will of God, will be in April. Our goal is to build a full mechanic shop for motorcycles and vehicles. It will include a compressor; a lift; a general area for fixing vehicles; a store to sell tools, parts and accessories; a motorcycle shop; bathrooms; and a place to park vehicles. It will be 21x16 meters which is over 2,500 square feet. This will become another income stream besides saving us about \$1000 a month on fixing all our vehicles.

**Apartment progress** We are getting ready to plaster the inside of the building.

**Walls being built** I feel like Nehemiah building the walls. We continue building walls around our main compound. Three sides are now done. Once we build the back wall, the orphanage will be fully secured. Meanwhile, around the seventy acres that include the farm, housing area, well, farm, etc., we have continued building. In January, we invested \$8,000 for those walls.

**Update on newly cleared land** We have hired the well to be dug. We also have a security wall being built, and then in February, we should be laying the pipe. Pipe laying creates ten jobs.

**Well update** As of January 21st, the well drilling machine broke down, and we are still waiting for it to get fixed.

**Well #2 update** We have approximately 15-20 acres of flat land with good soil. We met an American from Maine who works full-time in Honduras. We are hiring him to dig a well in the back part of our 62 acres. He is currently on another project. He will do ours afterwards.

**New soccer field, first game played: Hondurans 2 and Americans 1** But guess who scored the first goal! The field is done, the turf has been laid, and we played on the field for the first time. They are finishing up the lights and making the bleachers safer. It is finished, and we devoted the soccer field to the Lord. It was nine against nine, and guess who scored the first goal! Mama Teresa kicked in the first goal. Wow! How Ironic! The field is being dedicated to Caruth Construction.

**Sports complex is getting ready for the next level** Our contractor, Omar, will be finishing the wall and then working on the basketball court. Our contractor, Julio, has finished the soccer field. He will be getting ready to build our cement volleyball court. In February, he will start phase two of our water park.

### **Crusade field/baseball park/full-length soccer field/American football/farm**

I had met with a major contractor to see what it is going to take to finish the baseball field and conduct crusades. It is a major undertaking but will harvest so many souls for Christ. I met with the contractor again and he will be sending us a price next week to get the field to the next level. Keep praying – we expect thousands of people to find Christ here. In light of eternity, it is worth the battle. We are believing God for resources to finish this project. The field will serve five purposes:

- To do crusades and win people to Jesus.
- To play baseball. There is not one baseball diamond in the city of Comayagua.
- To play the most popular international sport – soccer. With a full length soccer field, I believe it's the largest field in our area of 20,000 people.
- To start our own American football teams.
- Instead of mowing, we will allow our sheep and goats to mow for us. Our goal is to make sure our land has multi-purposes.

### **IMI is buying thirty beautiful and productive farm acres**

We close February 11th. For \$115,000, we are buying thirty acres with these exciting benefits: It is located next to our 52-acre property and partially connected to our 62-acre property. • It is mostly black dirt. • It has been in production for decades. • Very little clearing is necessary. • We can start planting right away. • It's next to the river so we don't have to dig a well. • The terms are good – 23 payments of \$5,000. • In a few years, we should be able to buy the property next to it.

**It's a miracle** We paid off our 52-acre farm with a house. We started at \$156,000 and we paid the last \$44,000. Glory to God!!!

**Farm land report** On our four-acre guava field, we pruned and fertilized the trees. They have a lot more flowers on them. On the 52-acre farm, the horses and cows enjoy the rich grass. On our 62-acre farm, the orange trees are doing well, and we are getting ready to plant ten acres of corn. On the backside, we will be hiring a company to come and clear the land of trees, weeds, rocks and brush. During that time, we will be digging another well. Then we will put in irrigation pipes, buy a pump and plant more corn. The trees are looking great on our twenty-acre farm. The irrigated grass continues to reproduce, and we are excited to add another three acres for goats, sheep and poultry. We are also getting ready to plant more corn in January.

**Greenhouse** The nannies are happy to harvest vegetables and herbs that are growing in the greenhouse right next to the kitchen.

**As of December 31st, Joseph Brown is back for three months** Joseph, from Brainerd, Minnesota, is an organic agricultural farmer. He is an amazing worker. He has his hands full. He is plowing up land, feeding the fish and chickens, and cutting grass for the cows. We are so glad Joseph will be staying for three months, until the end of March. This is his third year.

**Special thanks to Luke and Crystal Rudlong** The pressure washer is a blessing. We are saving hours and hours a day. It's working so well that we are going to buy another one for our hog operation.

**Farm animal report**

**Fish** – The fish are now half a pound. What took a year to bring to production will only take six months to bring fish to production. We have 4,000 tilapia. We also have started another small fish pond to raise another type of fish. The lobsters are growing, and I have requested to get more lobsters to raise. We are one of only six farms in the nation to raise fresh water lobster. We are also looking at buying nine-meter plastic tubs that would enable us to raise 2,000 fish at a time. Some advantages are having a controlled environment, better oxygen, and the ability to move the ponds. They will come and install it for us. Our goal is to eventually build one a month.

**Pigs** – Five mama pigs are pregnant. This should bring another forty to fifty piglets. \$18,000 has been sent to build six small pig barns. Also, we have just received a donation to buy thirteen mama pigs. Our goal is to never buy meat again. The reality of that is getting closer every month.

**Cattle** – The cattle are looking fat. We are excited about having eight to ten calves in our herd this summer.

**Sheep and goats** – Our flocks are growing and multiplying. We had two baby lambs in January. Goat fencing is finished for about three acres. All we have left to do is put little fences around the fruit trees and put up a gate and we will have more grazing land for goats and sheep.

**Rabbits** – We had four rabbits, and after three months, we have twelve.

**Chickens** – Any day now the 600 chickens will start producing eggs. The new chicken barn is being built as you read this. We broke ground January 15th. It is actually four chicken barns able to house a thousand chickens. We will be buying 200 every second week, and then, it takes ten weeks to harvest them. We will be buying chickens every two weeks so we will always have fresh meat. Currently, we eat nine to twelve chickens a day. Our goal is to raise enough chickens so that we don't have to buy any.

**Vision** "Only he who can see the invisible can do the impossible." – Frank L. Gaines What do you see in your future that does not exist yet? We want to build a sports facility that will attract teams from other nations, to teach them character and to lead them to Jesus. Write your vision and make it plain.

**Giving** "We make a living by what we get. We make a life by what we give." – Winston Churchill You can sum up your life not by what you earned, but what you gave away. Be the biggest and best giver you know.

begun. These breezes usually signify the end of winter cold fronts. Recently, I shared with a group of young people about being the salt of the world. We are to be salt. God wants us to flavor His creation. How are we to do that? By being like our Savior, Jesus, in a world that rejects His standards of loving Him and loving others and all that it entails. Here in Belize, we work with gang kids. To them caring about others – really caring – is a foreign concept. Please pray for them. They are usually abused, neglected, and left to raise themselves. We work at a center that gives them a safe place to do homework, play, and get fed. On the weekends, we present the gospel on Saturdays, and on Sundays, we have been doing street ministry in the gang areas they call home. Pray for broken hearts to be filled with the saving love of Christ. Please pray for us. We need prayer and financial partners. All checks can be sent to IMI with **Barbers** in the memo line.

**Prayer requests**

- Bad people came against us in Honduras. Pray for us!!! It's our number one trial we are facing now.
- IMI is seeking partners to buy land in Israel.

**Do you know** of a church, organization or ministry that would like to have Teresa, my son, daughter or an IMI representative come to minister? Call me at **(612)202-6064** if you know anyone who may be interested in having us.

**Inspire** "A good coach will make his players see what they can be rather than what they are." – Ara Parseigan God is omnipotent, the all-potential God, and He resides in us. With God's help we can see people, not only the way God sees them, but we can help them become like God.

Madison, WI; Kevin Lingenfelter in Plymouth, IL; Cesar Bautista in Berwyn, IL; Wally Greene in Sioux City, IA; Randy Stone in Centuria, WI; Bill and Ginny Ostermeier in Jasper, MN; Matthew Goers in Blaine, MN; Ken Speck in Conway, AR; and Gail Fleming in Mauston, WI.



**The harvest is here!** The Lord of the Harvest was at work during the month of January. It really is about souls. From my recollection, over fifteen received

Christ at a Honduran church in Madison, WI; five to ten in Lathrop, MO, Rice Lake, WI, Sioux Falls, SD, Greenville, WI, Amherst, WI, Winona, MN, and Mauston, WI; ten to fifteen in Jasper, MN, and Tiffin, IA; and over twenty people in Sioux City, IA, Des Moines, IA and at a funeral I did in Waseca, MN.

**Bed and breakfast** After having over 175 people stay with us for a week or more and probably a thousand people stay for at least one night, we have decided to change directions. We are turning our house into a bed and breakfast that will earn money to help orphans. We will also be able to host meetings at our house on a consistent basis, and our guests will have a place to stay. Currently, we have five rooms available, including a master suite. Each room has a beautiful view with an extremely comfortable bed and new furniture. We are located only four minutes from I-35 on ten beautiful acres. We are less than 25 minutes from Cabella's, thirty minutes from the Mall of America, and fifty minutes from all of the Minnesota sports facilities. The stay includes a wonderful breakfast with a fantastic cook who uses organic foods. Call **Tom** at **(612)202-6064** to come.

**ADVICE FOR SINGLES**  
from Teresa Staman

*Continuation of the most common mistakes made in the beginning of a relationship*

A while ago, we looked at how to identify if you are  
\*\*\* PUTTING COMMITMENT BEFORE COMPATIBILITY \*\*\*

Now we will look at reasons why you may be prone to making this mistake.

You could be susceptible if you...

- ✓ Like to be part of a couple more than you like being single.
- ✓ Are tired of dating and trying out new partners and are longing to settle down.
- ✓ Felt unloved and abandoned as a child.
- ✓ Feel lost when you are not in a relationship.
- ✓ Are feeling pressure from someone to find a partner.
- ✓ Are a woman and feel your biological clock is running out.
- ✓ Are the only one of your group of friends who still isn't married.
- ✓ Have a lonely "inner child" who desperately wants to feel loved and belong to someone.
- ✓ Are very optimistic and find it easy to see what is lovable in people.

Be sure to call  
the host listed to  
confirm services  
and times.



## Tom and Teresa's MISSION TRIPS

The dates listed are Tom's days.  
We encourage you to  
come early and stay longer.

### Honduras

March 7-9  
IMI International Conference

March 25-27

April 18-21

May 7-9

June 13-15

July 4-7

**Persistence pays off** "Most people give up just when they're about to achieve success. They quit on the one yard line. They give up at the last minute of the game one foot from winning a touchdown."  
- Ross Perot



by Laura Diehl  
Crown of Glory Ministries

Second Peter 1:13  
tells us, "... add  
to your faith, virtue..."

Do you know what virtue is? It is doing what is right, and doing it the best way you possibly can, even when no one is looking. Virtue includes encouraging others to do the right thing, and if they don't, you still do what is right, even if it means you stand alone.

Why is virtue important? Who cares if you do everything right all the time? It's impossible anyway - no one is perfect, right? It is very important for many reasons. The most important one is that God won't be able to trust you to do big things for Him if you do not have virtue. God has a purpose and destiny for each one of you, but He can't just throw you into it because you have to grow into it (by growing in virtue, added to your faith). God has to be able to trust you with the little things first. I tell the kids around me all the time, "The little things ARE the big things." We grow in virtue by doing day-to-day things. For example, kids who want to have a pet sometimes need to prove they are ready to take care of it by showing they are responsible with other things, like keeping their room clean and helping with housework. That is actually growing in virtue!

Ask the Holy Spirit to help you grow in virtue, adding it to your faith. He has big plans for you, not just later, but right now. You need to be prepared.



www.crownofgloryministries.org

## MARCH

- 1 **Grandview, MO** IHOP Kansas City, 12709 10th St. - Rev. Hal Linhart (913)636-4935
- 2 AM **Grandview, MO** IHOP Kansas City, 12709 10th St. - Rev. Hal Linhart (913)636-4935
- 2 PM **Belton, MO** Pickering Place Clubhouse, 18813 Main St. - Gary Abbott (816)289-3222
- 3 **Rochester, MN** 1310 10th Ave. NE - Rev. Tope (507)202-4726
- 4 **Waukesha, WI** Rockwood Church, W271 52929 Merrill Hills Rd. - Rev. Cindy Christofferson (262)434-0607
- 5 10:30 AM **Byron, IL** 3894 E. Whippoorwill Ln. - Rhonda & Steve Huber (815)209-7099
- 5 PM **Rockford, IL** First Love Fellowship, 629 Vincent Ave. - Rev. Don Wynn (815)222-5291
- 6 **Berwyn, IL** Alcance Victoria, 6526 28th Place - Pastor Carlos Gonzalez (708)261-1130
- 6 5:30 PM **Lancaster, WI** Grant County Fair Grounds Youth & Ag North Room, 916 E. Elm Street - Bill & Esther Seffrood (608)723-2805
- 7-9 **CITY OF REFUGE, HONDURAS - IMI INTERNATIONAL CONFERENCE**  
please call for more information - Tom Stamman (612)202-6064
- 10 **Carroll, IA** - Kay & Jim Stevens (712)830-2076
- 11 **Ft. Atkinson, WI** Fort Christian Assembly, 212 Talcott - Rev. Don Younger (262)949-7595
- 12 **\*CHANGE\* Moline, IL** 3800 37th Ave. - Kevin Baker (309)721-6181
- 13 AM & PM **Faribault, MN** Harvest Time Bible Church, 2627 2nd Ave. - Peter Kuriger (507)332-8731 or 0669
- 14 **North Branch, MN** Perkins Restaurant, all invited - Phillip Lang (612)978-5321
- 15 **Brainerd, MN** Outreach with Dean the preaching machine (218)330-0326
- 16 **Ramsey, MN** Freedom Christian Center, Hwy 10 - Rev. Mark & Anna Ried (612)670-6984
- 17 **Dwight, IL** 116 Julie Dr. - Dale & Jody Halston (815)674-9321
- 18 **Springfield, IL** Hampton Inn, 230 Chuckwagon Dr. - Rev. Michael McDermont (217)622-8308
- 19 **Rochester, MN** 1:00-3:00 prophetic training, 6:30 regular service - IHOP, 608 2nd St. SW - Rev. Ilene Blanche (651)448-0974
- 20 **Chaska, MN** Church on the Hill, 950 Trimble St. - Alan Langstaff (952)556-5634
- 21 **Ottumwa, IA** Pre-approved Auto, 613 Richmond Ave. - Jen & Kevin Christopher (641)799-2976
- 22 **Vermillion, SD** Cornerstone Church, 516 N Crawford - Rev. Curt Lubben (605)670-2231
- 23 **Richland Center, WI** Outreach on Jefferson St. - Monica & Oakley Kershner (608)647-4304 or 604-0686
- 24 **Ankeny, IA** Open Bible Fellowship, 1125 SW 3rd St. - Rev. Wally Shea (515)306-1144
- 25-27 **HONDURAS MISSION TRIP** (Tom's days)
- 28 **Plymouth MN** 3158 E. Medicine Lake Blvd. - Jeremy Charles (612)670-6808
- 29 **Mt. Pleasant, IA area** Home meeting - Maribelle Lund (319)750-9570
- 30 **Ft. Dodge, IA** The Pointe, 1402 9th Ave. N - Rev. Al Wright (515)570-3297
- 31 **Oskaloosa, IA** Outreach - Linda Boese (641)673-8327 or 295-0576

## APRIL

- 1 **Amherst, WI** Home meeting, 10285 Lake Meyers Rd. - Jan & Mark Brzezinski (715)321-0940
- 2 **Janesville, WI** Banquet, call for times and details - Eric Keller (608)201-4457
- 3 AM & PM **Decorah, IA** Assembly of God Church - Doug Bryce (563)343-8216
- 4-5 **Ellendale, ND** Abiding Love Fellowship, 400 East Main St. - Rev. & Mrs. Jeni Belmore (701)535-0379
- 6 **Chetek, WI** The Refuge, 724 Leonard St. - Rev. Jeff Martin (715)924-2140
- 7 **Greeley, IA** Greeley Community Church, 212 East 2nd St. - Bill Mausser (563)876-3293
- 8 **Jefferson, IA** Outreach, Green County Community Center, 204 W Harrison - Dr. Thompson (515)386-2072
- 9 **Downing, WI** Home meeting, N12099 State Rd. 79 - Merlin & Gail Burton (651)260-8892
- 10 AM **Exelund, WI** Living Faith Church - Rev. Tim Jerry (715)415-4656
- 10 5:00 PM **Minneapolis, MN** Bilingual Spanish church meeting at Christ Church, 3015 13th Ave. S. - Rev. Herman Colon (612)600-2165
- 11 **Niceville, FL** Outreach, 1009 Lake Dr. - Cherie & Randy Anderson (850)830-4513
- 12 **Fennimore, WI** Living Faith Church - Ann Schwendinger (608)778-7766 or John Gander (608)485-2501
- 13 **Viroqua, WI** Viroqua Assembly of God, 508 N. Rock - Rev. David & Marcie Allen (608)637-8869
- 14 **Gratia IA** 1005 Lincoln St. - Linda White (515)451-3596
- 15 **Montello, WI** Outreach, N5850 11th Rd. - Billie Jo & Aaron Staveness (608)369-1506
- 15-16 **West Union, IA - IMI 4th ANNUAL MEN'S RETREAT** IMI Cabin, 14975 Nature Rd. Ministry! Speakers! Competitions! Bring a friend and have a blast! - Tom Stamman (612)202-6064
- 15-16 **Location to be announced - HOLISTIC RETREAT FOR WOMEN - "Detox 2016" guest speakers:** Elaine Averill-Davis, Dr. Teresa Stamman, Dr. Pam Rosch - Sponsored by Elaine Averill-Davis (608)712-6217
- 17 AM **Columbus Junction, IA** Spring Run Church, 24484 90th St. (on 90th St. at X17) - Pastor Randy Whitsel (319)931-2012
- 17 PM **North Liberty, IA** Outreach, 1822 Goose Lake Circle - Cynthia Myers (319)936-7209
- 18-20 **HONDURAS MISSION TRIP** (Tom's days)
- 21 **Polo, IL** Crossroads Church, 205 N. Jefferson - Mark Ebert (815)440-2183 or 946-2809
- 22 **Adams/Friendship, WI** Outreach, 205 W. 2nd St. - Rev. Doug Schauer (715)424-6036 or Rev. Rita Fosnow (608)339-7766 or 2946
- 23-24 **Columbus, NE** Discover Hope International - Rev. Doug & Rev. Liana Holt (402)276-3691
- 25 **Ottumwa, IA** Pre-approved Auto, 613 Richmond Ave. - Jen & Kevin Christopher (641)799-2976
- 26 **Lodi, WI** Home meeting, 7668 Lodi Springfield Rd. - Danice & Dan Kalscheur (608)212-9818
- 27 **St. Paul Park, MN** Household of Faith, 1090 Chicago Ave. - Rev. Rich Pfeffer (612)267-2406
- 28 **Monmouth, IL** Outreach - Shawn Hart (309)734-4374 or 536-0234
- 29 **Jamestown, ND** New Life Church, 2717 Hwy. 281 South, with Rev. Ron Inget - call Jim McCall (612)360-1773
- 30 afternoon **Mt. Vernon, OH** Overcomers Christian Church, 998 Newark Rd. - Mike & Cindy Schupbach (740)504-0783
- 30 PM **Wooster, OH** Wooster Foursquare Church, 3670 Friendsville Rd. - Rev. David Stambaugh (330)988-0718

**GIVING OPPORTUNITIES**

If you would like to designate money to a certain mission trip or project, please write a memo on your check or envelope, or fill out this form.

**General fund** ..... \$ \_\_\_\_\_

**Gas** Please continue to help with this ever growing expense! ..... \$ \_\_\_\_\_

**Honduras building projects:**  School  Remodeling boys orphanage  
 Security walls  Mechanic shop  Barns  Crusade field ..... \$ \_\_\_\_\_

**Honduras agriculture:**  Goats \$70  Sheep \$70  Cows \$500  
 Pigs \$60  5 chickens \$10  Turkeys \$5  Fruit trees \$10 ..... \$ \_\_\_\_\_

**Sponsor needy children/moms or support of orphans:**

- Feed a child the Word of God each week & meal for Sunday School  
 \_\_\_\_\_ children x \$2.50 = \$ \_\_\_\_\_ x \_\_\_\_\_ months = Total ..... \$ \_\_\_\_\_
- Feed a Guatemalan child for \$2.00 per month: ..... \$ \_\_\_\_\_
- Feed a child for \$10 per month  
 Bangladesh  Honduras  Philippines  Sudan  Kenya  
 \_\_\_\_\_ boys \_\_\_\_\_ girls \_\_\_\_\_ either x \$30 = \$ \_\_\_\_\_ x \_\_\_\_\_ months = Total .... \$ \_\_\_\_\_
- Feed a Honduran mom for \$5.00 per month:  
 \_\_\_\_\_ moms x \$5.00 = \$ \_\_\_\_\_ x \_\_\_\_\_ months = Total ..... \$ \_\_\_\_\_
- Feed and educate a child for \$20 per month:  Uganda  
 \_\_\_\_\_ boys \_\_\_\_\_ girls \_\_\_\_\_ either x \$30 = \$ \_\_\_\_\_ x \_\_\_\_\_ months = Total ... \$ \_\_\_\_\_
- Orphan sponsorship \$30/month (food, clothing, education, medical, housing)  
 Honduras  India  Liberia  
 \_\_\_\_\_ boys \_\_\_\_\_ girls \_\_\_\_\_ either x \$30 = \$ \_\_\_\_\_ x \_\_\_\_\_ months = Total .... \$ \_\_\_\_\_

**Ministry sponsorships:**

- Evangelist or pastor in India for \$75/month or \$900/year ..... \$ \_\_\_\_\_
- Evangelist to preach three days a week to Hindus and Muslims  
 or a pastor of an indigenous church in India for \$58/month ..... \$ \_\_\_\_\_
- Support a pastor for \$50/month  Honduras  India ..... \$ \_\_\_\_\_

**Tom's day off** ..... \$ \_\_\_\_\_

**Upcoming mission trips** ..... \$ \_\_\_\_\_

**Special projects:** Describe ..... \$ \_\_\_\_\_

**Total gift giving** ..... \$ \_\_\_\_\_

**Covenant Partnership**

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_  
 State \_\_\_\_\_ Zip Code \_\_\_\_\_

*I'd like to become a covenant partner of Impact Ministries International. I will diligently pray and financially support this ministry so that together we can fulfill God's will to preach salvation, to prophesy, and to pray for the sick worldwide. As the Lord provides, I will share my financial blessings and my time to intercede for those who need the living Christ.*

**My covenant promise is to pray and give:**

\$15.00  \$20.00  \$50.00  \$100.00  
 \$250.00  \$500.00  \$1,000.00 per month  
 Or a one-time gift of \$ \_\_\_\_\_

**Let's labor together!**

Send to:

**IMI • PO Box 102  
 Lonsdale, MN 55046**

**Auto deposit for contributions.**

Remember, we are set up to place any contributors on automatic withdrawals with your bank.

E-mail us at

**teresa@tstamman.com**

for the form.

We can send it to you via e-mail or you can download it from our website.



**Bioidentical Hormone Therapy**

by Dr. Teresa

**Testosterone in women** Testosterone is a steroid hormone found in the androgen group. It is derived from cholesterol (like all the sex hormones) and its immediate precursor is DHEA. Although it is thought of as "the male hormone", testosterone also plays important role in women. Testosterone for women is produced in the ovaries and the adrenal glands. The ovaries function to help produce testosterone even after menopause. Therefore, women who have their ovaries removed are at significant risk for decreased testosterone levels and the subsequent symptoms associated with it.

**Health effect** Testosterone in women has many functions. It is important for bone strength and development of lean muscle mass and strength. Testosterone also contributes to the overall sense of well-being and energy level. It is best known for its crucial role in a woman's sex drive or libido. More specifically, testosterone in women is responsible for the sensitivity of areas associated with sexual pleasure. Testosterone not only enhances the sexual mood of a woman, but the experience as well.

**Menopause and testosterone** Similar to other hormones, the onset of perimenopause and menopause cause the decline in production of testosterone (by at least 50%) in women. Again, a hysterectomy, with or without removal of the ovaries, will cause a more significant decline in testosterone levels. Also, high levels of stress can divert the precursors for testosterone hormone production in women over to cortisol production and create a further reduction. High stress levels can also contribute to symptoms earlier in the perimenopause when a woman is in her late thirties or early forties. This means less energy, brittle hair, less bone and muscle strength, and a diminished sexual drive. A hysterectomy and some prescription drugs can also result in lower levels of testosterone for a woman.

**Solution** First, specific hormone levels, including testosterone, need to be checked. Based on individual test results, and as part of a customized natural hormone therapy, if low levels are found, a bioidentical hormone doctor will tailor a nutrition, supplement, stress reduction and fitness plan, along with prescribing a natural testosterone for women. As a result, many women enjoy renewed sexual drive, more energy and even greater bone density. Start by contacting a bioidentical hormone therapy physician nearby to schedule an appointment and learn more about how bioidentical hormone therapy provides balance for testosterone in women.

Next month, I will teach on testosterone for men.



**Marriage Tip by Teresa Stamman**

Never lose the fine art of dating. Setting aside a romantic evening on a regular basis can rekindle the magic of a long-term relationship. It doesn't have to be fancy, just a special time for the two of you to remember how and why you first fell in love.

**IMI retreat center is available for rent**

Do you know you can rent a beautiful six-bedroom, six-bathroom cabin with large meetings rooms, swimming, fishing, shooting, hunting, volleyball, basketball and games for our cost plus cleaning if you are an IMI partner? Call **Tom** at **(612)202-6064** or contact **Teresa** through our listing on **www.vrbo.com West Union, IA.**

"Government's first duty is to protect the people not run their lives." – Ronald Reagan